

## CLINIC SITES, STAFF, FREQUENCY OF VISITS:

We will do our best to ensure the continuity of your care however patients will be booked according to staff availability, site and your care needs.

Routine foot care visits are typically booked every 8-12 weeks on average. Patient care needs may affect the time interval between your scheduled visits.

## LATE/CANCELLATION/NO ATTENDANCE

Late Arrival: if you are more than 10 minutes late for your scheduled appointment time you may be asked to reschedule out of fairness to other patients

No Attendance: Or appointments re-scheduled three (3) times in a row will be discharged from the program and a letter will be sent to the clinician/diabetes program who referred you



## PREVENTING DIABETES FOOT COMPLICATIONS



**Phone: 905-338-4802**

**Mississauga Halton Diabetes Foot Care  
Program Main Site**

2401 Bristol Circle, Suite 105  
Entrance E  
Oakville, ON L6H 5S9



## ***New Patient Information***

***Providing FREE Preventative  
Diabetes Foot Care Services***

## ABOUT THE PROGRAM

The Diabetes Foot Care Program is an initiative funded by the Mississauga Halton LHIN to prevent foot complications in people with diabetes.

The program offers free preventative foot care by Chiropodists and Registered Practical Nurses for qualified patients with diabetes.

Services are offered at various locations in Mississauga, Oakville, Acton, Milton and Georgetown.

### Program Offers:

- Diabetes nail care
- Diabetes foot care
- Early Wound Management
- Self Management Education
- Footwear Assessment
- Footwear Education

## PREPARING FOR YOUR APPOINTMENT

- ✓ **Please arrive 10 minutes before your appointment**
- ✓ **Bring a list of the medications you are currently taking**
- ✓ **Bring your completed Patient Registration Form**
- ✓ **Remove any nail polish**
- ✓ **Clean your feet**



## YOUR FIRST APPOINTMENT (30 MIN)

- \* Medical History Review
- \* 60 Second Foot Screen for Neuropathy
- \* Routine Foot Care Treatment (if required)
- \* Education about Safe Self Care of Your Feet



## FOLLOW UP APPOINTMENTS (15-30 MIN)

- \* Routine/Complex Foot Care
- \* Self-Care Review

## PEP WORKSHOP (2.5 HOURS)

Group education session to help you:

- \* Understand the impact of diabetes on your feet
- \* Discuss factors that lead to foot complications
- \* Learn how to prevent diabetic foot complications